

Welcome to the world of Detoxination®

Your Path to Holistic Wellness and Cleansing!

At Detoxination Wellness Centers, we believe that true health begins from within. Our mission is to empower individuals like you to enhance your vitality and well-being by eliminating harmful, stored toxins, fostering a non-toxic, organic lifestyle, and helping you look and feel your best as you age gracefully. With Detoxination, you can embark on a transformative journey that revitalizes your body, clears your mind, and elevates your overall well-being.

What is Detoxination?

Detoxination is not just a detox program; it's a comprehensive and innovative approach to cleansing your body of heavy metals and synthetic chemicals. Our unique protocol combines the power of niacin, exercise, saunas, vitamins, minerals, essential oils, lecithin, binders, and more to create a synergistic effect that maximizes detoxification and wellness.

Why Detoxination?

In today's fast-paced world, our bodies are constantly bombarded with toxins from the environment, food, and many consumer products. These toxins can lead to a range of health issues, from fatigue to chronic conditions. Detoxination offers a solution that goes beyond quick fixes and fad diets.

Outline of Detoxination:

Here's a sneak peek into the Detoxination journey:

- **Niacin Kickstart:** Begin with niacin, a vitamin that primes your body for detoxification.
- **Oils and Lecithin:** These support your body's detox processes.
- **L-Arginine Boost (optional):** Enhance circulation for efficient toxin elimination.
- **Exercise Ignition:** Activate toxin release through physical activity.
- **Activated Charcoal:** Eliminate released toxins with this powerful substance.
- **Sauna Sessions:** Sweat out toxins during sauna time.
- **Cool Down and Electrolytes:** Stay hydrated and replenish vital minerals.
- **Cal-Mag Break:** Consume Cal-Mag for added detox support.
- **More Sauna, Cool Down and Electrolytes:** Further sauna, cool down and replenish electrolytes.
- **Shower Off Toxins:** Wash away excreted toxins with a refreshing shower.
- **Zeolite Dosing:** Take zeolite doses throughout the day to support detox.
- **Replenishment:** Restore your body with essential vitamins and minerals.

Disclaimer and Your Journey:

Before you embark on your Detoxination journey, it's essential to understand that Detoxination has not been approved by the U.S. Food and Drug Administration (FDA) for the treatment of any medical conditions. It's a holistic approach to detoxification and well-being. Always consult with your healthcare provider before starting any new wellness protocol.

Now, are you ready to discover the transformative power of Detoxination and revitalize your body and mind? Let's embark on this incredible journey together!

But, first, we need to get the necessary health considerations out of the way to ensure your Detoxination journey is safe and effective.

Important Health Considerations

Before embarking on the journey of Detoxination, it's crucial to be aware of certain health conditions and situations that may impact your eligibility for the program. Your well-being is our top priority, and understanding these contraindications and preclusions is essential to ensure your safety and success in your Detoxination journey.

Contraindications:

Hemophilia: You should not participate in Detoxination if you have hemophilia, a genetic disorder that impairs blood clotting. The high heat and potential dehydration in saunas can increase the risk of bleeding episodes.

Heart Disease: If you have a history of heart disease, including conditions such as coronary artery disease or recent heart attacks, you should avoid Detoxination due to the potential strain on your cardiovascular system during sauna use. Sauna-induced heat can increase your heart rate and blood pressure, which may not be suitable for individuals with heart conditions.

Kidney Disease: If you have kidney disease, especially in advanced stages of chronic kidney disease (CKD), you should exercise caution when considering Detoxination. The sauna's heat and dehydration can place additional stress on your kidneys, potentially worsening your condition. Consultation with a nephrologist is crucial for your safety.

Liver Disease: You should not participate in Detoxination if you have liver disease without prior consultation with your healthcare provider. The sauna's heat can increase blood flow to the liver, potentially impacting liver function. Individuals with liver disease may be at a higher risk of dehydration, which can further strain the liver.

Type 1 Diabetes: If you have Type 1 diabetes, exercise caution when considering Detoxination. Sauna use can affect your blood sugar levels, and you need to monitor your blood sugar closely to prevent hypoglycemia or hyperglycemia.

Preclusions:

Pregnancy: If you are pregnant, you should be precluded from Detoxination due to the potential risk of transferring toxins to the developing fetus. The heat and potential dehydration associated with saunas can pose risks to both you and your fetus. You should consult your healthcare provider for guidance.

Breastfeeding: If you are breastfeeding, you should refrain from Detoxination. The potential loss of fluids and electrolytes during sauna use can affect milk production and milk composition, potentially impacting your nursing infant. Detoxinicians should advise against sauna use during breastfeeding.

Certain Medications: Detoxinicians should inquire about the medications you are taking. Some medications may interact negatively with sauna use or Detoxination. Medications that affect blood pressure, heart rate, or blood clotting should be carefully considered, and consultation with healthcare providers is advisable. If you are currently taking psychiatric medications, Detoxination may not be suitable, as the heat and detoxification process can interact with these medications, potentially leading to withdrawal symptoms or adverse effects. Detoxinicians should carefully assess your medication profile and consult with healthcare providers when necessary to ensure safe detoxification procedures.

Heart Conditions: If you have certain heart conditions, such as arrhythmias or unstable angina, you should not participate in Detoxination. The sauna's heat and potential cardiovascular stress can be hazardous for individuals with these conditions.

Hemodynamic Instability: If you have unstable blood pressure or other hemodynamic issues, you should avoid Detoxination. The sauna's heat can affect blood pressure regulation, potentially leading to complications.

Severe Dehydration: If you are severely dehydrated or at risk of dehydration, you should not use saunas. Detoxinicians should ensure you are adequately hydrated before considering Detoxination.

Severe Skin Conditions: If you have severe skin conditions, such as open wounds, severe eczema, or burns, you should avoid sauna use as the heat can exacerbate these conditions.

Participant Agreement and Waiver

I, _____, understand that Detoxination Wellness Centers, operated by Sabre Hawk, LLC, offers a program called Detoxination. This program involves the use of saunas, niacin, exercise, supplements, and other techniques aimed at detoxifying the body. Detoxination is provided under the guidance and supervision of Daniel Root, CEO, and expert practitioner.

I acknowledge that Detoxination is not a medical treatment or therapy. It is a wellness program that may have benefits for some individuals but is not a substitute for professional medical advice, diagnosis, or treatment.

Risks and Contraindications

I understand that there are potential risks associated with Detoxination, and certain medical conditions may preclude my participation in the program. These conditions include, but are not limited to, hemophilia, heart disease, kidney disease, liver disease, and Type 1 diabetes.

FDA Disclosure

I acknowledge that Detoxination has not been evaluated or approved by the U.S. Food and Drug Administration (FDA) and is not intended to diagnose, treat, cure, or prevent any disease. The information provided about Detoxination is for educational purposes only and is not a substitute for professional medical advice.

Release of Liability

I voluntarily choose to participate in the Detoxination program offered by Sabre Hawk, LLC, and I assume all risks associated with my participation. I release Sabre Hawk, LLC, Daniel Root, and Detoxination Wellness Centers from any liability for injuries or harm that may result from my participation in the program.

Consultation with Healthcare Provider

I understand that it is my responsibility to consult with my healthcare provider before starting Detoxination if I have any medical conditions or take medications that may be affected by sauna use or other components of the program.

I have read and understand this Participant Agreement and Waiver, and I agree to its terms. I am aware that Detoxination Wellness Centers is operated by Sabre Hawk, LLC, and Daniel Root is the CEO and expert practitioner.

Participant's Signature: _____ Date: _____